# CALGARY CALGARY NEWS WORTH SHARING.



# When being a diplomats' son doesn't pay

Canadian-born Deepan Budlakoti faces deportation to India PAGES

# HEY ... LOVED YOU IN THE BURBS!

(THROAT CLEAR) THAT WAS TOM HANKS. THIS IS HIS SON COLIN, JUST A GUY WITH A FAMOUS LAST NAME TRYING TO MAKE IT IN THE BIZ PAGESTA







# KEEPING HOPE ALIVE

Two of the more than 1,000 people who came out to Prince's Island Park Sunday to take part in the annual Terry Fox Run in support of the Terry Fox Foundation. Sunday's run raised more than \$150,000. It comes 33 years after Fox's Marathon of Hope.

GLENN KELLY/FOR METRO

# 'Alarming spike' in fatal collisions: Cops

# Avoidable deaths.

Two motorcycle passengers killed in Calgary area over weekend



JEREMY NOLAIS ieremy nolais@metronews.ca

More people have died in fatal collisions on Calgary roads to date in 2013 than did all of last year, police said Sunday.

This comes after another deadly weekend on city and area roads that saw a motor-cycle passenger killed after the bike she was on was T-boned in the southwest community of Cedarbrae. The 53-year-old woman, whose identity has not been released, was the 28th person killed in a motor-vehicle collision in Calgary this year, up from 26 victims total in 2012.

Also of concern to police Sgt. Mike ter Kuile is the fact

that nine of the fatal collisions in 2013 have involved motorcycles, up from just three in 2012.

In nearly every case, he said motorcyclist errors or failure by drivers of four-wheeled vehicles to obey traffic controls have been factors. "These are all collisions that are easily avoidable, no question," he said.

"It's an alarming spike."

Police said speed and alcohol also appear to have played a role in Saturday's death and charges are pending.

Local musician Alexa Borden drove through the area of the crash along 26th Street S.W. just moments after it occurred.

"They were giving one person — I believe it was the male passenger — CPR, and I saw the woman on this person's driveway, covered in blood," she said. "It was horribly traumatic."

Police also confirmed the male operator of the motor-cycle was taken to hospital with serious injuries.

Outside of the city, Cochrane RCMP also responded to a fatal crash Saturday evening involving a motorcycle along Highway 1, three kilometres west of Range Road 33

Investigators believe the driver of the motorcycle lost control and a passenger was thrown from the bike and later pronounced dead on

Ter Kuile said that police are encouraging motorcyclists and motorists in general to slow down and pay attention.

He said his team has repeatedly clocked motorists of the two-wheeled variety doing "ridiculous" speeds.

doing "ridiculous" speeds.

"Regardless of how capable the rider may be and how technically sound and state-of-the-art the motor-cycle is, if you're doing 120-150 km/h or higher on a roadway posted for 60 kilometres ... most of the time they (other motorists) won't even see you before these collisions take place," he said.

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# No-vaccine list.

# Advocacy group calls out school boards on HPV issue

Alberta's largest Catholic school boards are onboard with in-school vaccinations again human papillomavirus (HPV) but an advocacy group is calling on others to follow suit.

Volunteers with advocacy group HPV Canada have called around to all boards seeking an update on programs vaccinating against the disease, which is widely linked to cervical cancer, and published a list of eight organizations still not offering one in schools.

"We are surprised by this.... Parents understand the benefit of vaccinating against a type of cancer," said group representative Juliet Guichon.

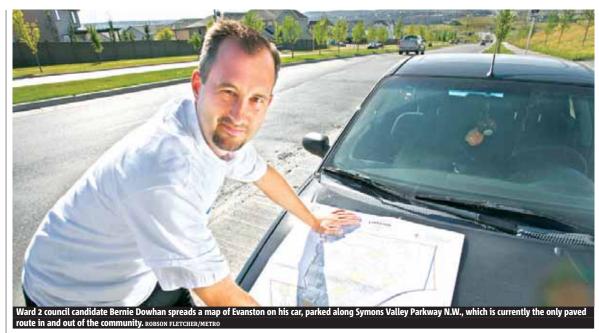
Under the threat of legal action from HPV Canada, the Calgary Catholic School District approved an in-school HPV vaccination program last November and 70 per cent of Grade 5 and Grade 9 girls signed on.

But Christ the Redeemer Catholic Separate School Division, which covers areas near Calgary, including Okotoks and Strathmore, is among the boards on HPV Canada's novaccine list.

Reached Sunday, Mary Stengler, Christ the Redeemer trustee chair, refused to take questions because it was her day off.

Fellow board member Harry Salm, however, who represents the Strathmore area, said his stance against offering the vaccine in schools hasn't changed.

"We've followed the faith of the Catholic Church and we've always deemed this to be a teachable opportunity for the parents," he said, noting the girls can receive the vaccine through community health clinics. JEREMY NOLAIS/METRO



# Welcome to Evanston: 8,274 people, 1 way in and out

# Safety concerns.

Aside from daily traffic headaches, community residents worry about timely access for emergency vehicles



ROBSON FLETCHER

It's Calgary's fastest-growing community and boasts a bigger population than Banff, but there is currently only one paved route in and out of Evanston.

"There's another road in place, but it's a horrible gravel road," said Bernie Dowhan, who's running for

#### Detail

There are 8,274 residents in Evanston and it was the city's fastest-growing community, according to the 2013 municipal census.

 If elected, Ward 2 candidate Bernie Dowhan says he will push to expedite an eastern access route from Evanston to Stoney Trail. In a May letter to the provincial and municipal governments, community association president Doug Balzer recommends continuing "the development of the 14 Street Stoney Trail interchange" as an alternate access.

council in Ward 2 and making improved access to the new northwest community a key part of his platform.

Dowhan plans to spend Monday morning doing some side-of-the-street campaigning, expecting, as usual, for there to be bumper-to-bumper traffic along Symons Valley Parkway N.W. as commuters queue up on their way to work.

"I'm going to be out there with my sign and muffins for the people and my campaign literature," he said. "So I can kind of knock on

their windows and say, 'Hey, I'm going to fix this for you.'"

Doug Balzer, president of the Evanston Creekside Community Association, said Evanston residents have been raising concerns to the city and province for years and any additional attention that can be brought to the issue is welcome.

The gridlock is particularly bad during the morning rush hour, Balzer said, and the line of cars can extend as far as a kilometre.

"I've heard many people say it can take 20 minutes for them to leave their house and get on Stoney Trail," he said. "Whereas, you can actually get from Evanston to downtown in 20 minutes if you leave an hour later."



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metronews.ca Monday, September 16, 2013 metr⊕ **NEWS** 

# U of C. Rape culture is on campus: Awareness group

Chants advocating sexual assault and a contentious campaign slogan are among the examples that rape culture exists at the University of Calgary, charge the founders of a new awareness group.

In recent weeks, student

leaders in Halifax and Vancouver have come under fire for frosh-week chants advocating sexual abuse.

But the problem is not specific to campuses in those cities, say members of the Consent Awareness and Sexual Education Club (CASE), which was officially sanctioned at the U of C in late July.

Group vice-president external Emily Leedham said she's aware of a campus cheer called the "Old Department Store" that contains multiple pro-rape verses, including one that discusses sexually assaulting a woman and tossing her in the

"It shouldn't take a bunch of frat students literally shouting this for people to take this seriously," she said. "Women have grown up with these experiences their entire lives of being



cat-called and things like that."

CASE president Ellen Bolger pointed to a campaign slogan used by a U of C student-representative candidate in last semester's campus elections which was, "She wants the D," (referencing the candidate's name and slang for penis) as another example of the sexism displayed by some peers.

She added, "We really want to educate people about what consent is.... I have gone to a few universities and I found that in most of them the culture of not respecting consent is prevalent." JEREMY NOLAIS/METRO

# Province funds aboriginal cultural expression



# Tourism program. Three events will be supported

**GLENN** KELLY

Aboriginal leaders and the province's tourism industry have joined forces to keep native culture alive and a major part of the Alberta experi-

Parks and Recreation Minister Richard Starke announced new funding at the Sharing Our Culture Treaty 7 Powwow held at Heritage Park Sunday, giving Alberta's aboriginal community a major boost to its cultural events.

The program gives \$80,000 in grants to three events hosted by Alberta's Aboriginal Tourism program, including Sunday's powwow, the International Peace Powwow in Lethbridge in February 2014,

Amount of provincial funding for three upcoming events in Alberta

and the Making Treaty Seven event held next September at Heritage Park.

Starke says the interest in aboriginal people continues to grow, largely from tourists who are increasingly more interested in learning about native culture and traditions in Canada.

The interest in the aboriginal culture is huge and it's an area of experiential tourism that is just barely being tapped into," said Starke.

These events that we've provided these grants to are intended to expand the opportunity for visitors from wherever they come to have a taste of what is a very rich and storied tradition."

GLENN KELLY/FOR METRO

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# Calgary Transit. Spending deferred for e-fare payment projects



uters like Martin Moronie will continue paying with change to ride the train for at least one more year as the city defers \$9 million in ctronic-fare spending to next year's capital bud

City council is set to vote Monday on budget adjustments that would defer \$64 million in spending on Calgary Transit projects for at least a year.

But the proposed changes to the city's 2013 capital budget will have little impact on day-to-day transit operations or most of the projects themselves, said transit director Doug Morgan.

"Really it's just a cash flow thing," he said. "It's just a matter of how much and how intensely the work is going on in each of the projects.

The adjustments include deferring \$9 million for transit's long-awaited electronic-fare

system to the 2014 budget.

The city announced last November it had terminated a then-\$7-million contract with Spanish group Telvent after ongoing challenges with trial runs of its Connect smart-card payment system.

Morgan said the project is now undergoing a "rescoping" and that's why the spending has been targeted for deferral.

The changes are part a larger set of adjustments that would see a net increase of \$54 million to the 2013 capital budget to provide what city manager Owen Tobert described as "flexibility" for flood-related costs. ROBSON FLETCHER/METRO

# Robot animals 2.0

# **Beakerhead will** return in 2014

After more than 40 events featuring dozens of collaborators, the inaugural Beakerhead celebration has come to a close. But cofounder Jay Ingram pledged the festival, which delves into science and design, will return. "This is just the beginning," Ingram said. "Many people have stepped up with brilliant ideas for their own initiatives and inventions, and we are already excited about what's in store for 2014." JEREMY NOLAIS/METRO

### Northeast

# Calgary home sees 'significant' damage in fire

Calgary fire crews remained on scene Sunday afternoon after fire ripped through a northeast home.

Battalion Chief Alan Ball said the blaze broke out just before 1 p.m. at a residence in the 4100 block of Whitefield Road N.E. He said the building sustained significant" damage, but four people managed to escape. JEREMY NOLAIS/METRO



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Carlos Duron, 3, and his mother, Vilma Maldonado, evacuees from Longmont, Colo., are pictured at Mead High School Sunday. Hundreds of people have been evacuated from nearby communities due to excessive rain and flooding.

# Rescue teams urge flood victims to flee

**Colorado.** Days of rain have transformed Rocky Mountain communities into disaster areas with crumbled roads

Rescue teams are warning people in some Colorado towns isolated by devastating flooding against remaining there, telling them that they could face weeks without basic supplies, including running water and electricity.

Helicopters and truck convoys of the National Guard carried the admonition Saturday into paralyzed canyon communities where thousands of stranded residents were eager to escape the Rocky Mountain foothills. But not everybody was will-

ing to go. Dozens of people in hard hit Jamestown wanted to stay to watch over their homes.

Authorities made clear that residents who chose not to leave might not get another chance for a while.

Rescuers won't go back for people who insist on staying, Boulder County Sheriff Joe Pelle said.

THE ASSOCIATED PRESS

# Climate change

# New maps needed for flood insurance, executives say

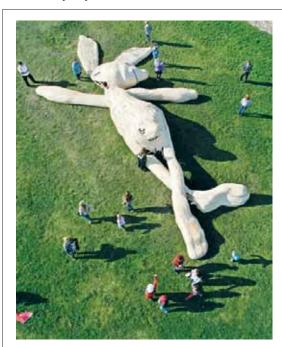
Insurance executives say homeowners will never have access to comprehensive flood insurance in Canada unless there are new maps of flood-prone areas that take climate change into account.

That's the finding of a study that surveyed senior executives at 13 Canadian insurance firms on extreme flooding. THE CANADIAN PRESS

## What's old is new again

# U.K. museum buys 3D-printed gun

Britain's Victoria & Albert Museum says it has bought a working gun made on a 3D printer, which sparked alarm among anti-firearms campaigners when it was unveiled. The Liberator gun was developed by a University of Texas law student and made from plastic components created on a 3D printer. THE ASSOCIATED PRESS



# Give your hare a break

People examine the wooden sculpture of a giant hare by artist Florentijn Hofman displayed near the St. Peter and St. Paul Fortress in St. Petersburg, Russia, on Sunday. The public art installation called Sunbathing Hare is part of the cultural program of Russia — The Netherlands Bilateral Year 2013. Florentijn Hofman is a Dutch conceptual artist. He is known for playful urban installations such as the Rubber Yellow Duck sculpture. DMITRY LOVETSKYTHE ASSOCIATED PRESS

metronews.ca
Monday, September 16, 2013

NEWS

07

# YouTube ban in Pakistan challenged

# Internet censorship.

Move has sparked debate on right to information vs. impulse to block material seen as offensive to Muslims

ToffeeTV has hit an unexpected snag. The Internet

startup depended on You-Tube to promote Hokey-Pokey, The Umm Nyum Nyum Song and other language-teaching clips it produces for children, but the video-sharing website has been banned in Pakistan for nearly a year.

The measure was imposed to block videos that Muslims took as insulting and blasphemous. But the

#### Message

"Surf Safely! ... The site you are trying to access contains content that is prohibited for viewership from within Pakistan."

Pakistanis who try to view YouTube get the above message.

unintended consequence

has been frustration for many companies, educators and students. A petition to end Internet censorship is before a Pakistani court, and a debate has been rekindled over how to reconcile the right to a free flow of information with a widespread public sentiment that Islam needs special protections.

THE ASSOCIATED PRESS



# Ongoing tension. Syrian official calls chemical weapons deal a 'victory'

A high-ranking Syrian official called the U.S.-Russian agreement on securing Syria's chemical weapons a "victory" for President Bashar Assad's regime, but the U.S. warned Sunday "the threat of force is real" if Damascus fails to carry out the plan.

The comments by Syrian Minister of National Reconciliation Ali Haidar to a Russian state news agency were the first by a senior Syrian government official on the deal struck a day earlier in Geneva. Under the agreement, Syria will provide an inventory of its chemical arsenal within one week and hand over all of the components of its program by mid-2014.

"We welcome these agreements," Haidar was quoted as saying by the RIA Novosti agency. "On the one hand, they will help Syrians get out of the crisis, and on the other hand, they averted a war against Syria by removing the pretext for those who wanted to unleash one."

He added: "These agreements are a credit to Russian diplomacy and the Russian leadership. This is a victory for Syria, achieved thanks to our Russian friends."

There has been no official

### Lesson for Iran?

President Barack Obama says his administration's approach to Syria's chemical weapons should show Iran that there's the potential for diplomatic solutions to arms standoffs.

- But Obama says Iran shouldn't assume that his preference for diplomacy means the U.S. won't strike Tehran.
- Obama tells ABC's This Week that Iranians understand that their pursuit of a nuclear weapon is "a far larger issue for us" than the use of chemical weapons in Syria.

statement from the Syrian government, and it was not clear whether Haidar's comments reflected Assad's thinking.

The deal, hashed out in marathon negotiations between U.S. and Russian diplomats, averts American missile strikes against the Assad regime, although the Obama administration has warned that the military option remains on the table if Damascus does not comply.

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## At least one dead

# Protesters, cops clash in Cambodia amid disputed election

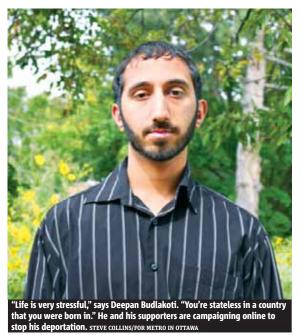
Riot police in Cambodia clashed with protesters in the nation's capital on Sunday, shooting one to death and wounding six more, opposition activists said, in a new wave of demonstrations against Prime Minister Hun Sen's government following a disputed July election.

The demonstrations in Phnom Penh, which also left one policeman injured, marked one of the biggest challenges yet against the autocratic rule of Prime Minister Hun Sen, who has been in power for nearly three decades. They also raised fears that even bloodier days could lay ahead, with opposition leader Sam Rainsy vowing to keep up the pressure until the country's post-election deadlock is resolved.

THE ASSOCIATED PRESS

metronews.ca Monday, September 16, 2013 metr⊕

# No country wants diplomats' son after criminal conviction



**Deportation.** Man says Canada is the only home he has ever known, will plead on Parliament Hill



Supporters of a Canadianborn man fighting an unusual deportation to India will take his case to Parliament Hill in a press conference Wednesday.

"We're calling on two ministers, the immigration minister and the public-security minister, to jump in and basically stop the deportation and to reinstate my citizenship," said Deepan Budlakoti, who was born in Ottawa to two ex-employees of the Indian High Commission, both of whom are now Canadian citizens.

"I am not an Indian citizen. I have never lived in India and have no ties to India whatsoever, other than the fact that my parents came from India."

Deepan Budlakoti

Budlakoti was ordered deported in 2011 after he was sentenced to three years for weapon and drug traffick-

The government argued that because he was born to diplomatic staff, his Canadian birth did not confer automatic Canadian citizen-

ship.
The case grew more complicated when India refused to accept him from Canada.

He says he last visited India - on his Canadian passport - at age 12 for a grandparent's funeral.

"I am not an Indian citizen," Budlakoti said. "I have never lived in India whatsoever, other than the fact that my parents came from India.' Budlakoti has had to go

India and I have no ties to

to court to get a work permit, which has been issued but still hasn't arrived in the

Meanwhile, he says, the numerous restrictions he's under - including a curfew and travel restrictions will make it difficult to work in his field of construction.

"I can't leave (home) until in the morning and I have to be back by 9 (p.m.). I can't work construction, because construction's always early in the morning.

### Growing ire

# Canuck visa rules worst in world for **Mexicans: Envoy**

The Mexican ambassador to Canada says his country is "really mad" at the Harper government for the continued imposition of a visa on its travellers. "Canada has the most stringent visa system for Mexicans of any country," said Francisco Suarez. The canadian press

### Manhattan

# Police open fire at unarmed man but hit women instead

Two police officers fired on a man who was acting erratically and dodging cars on a Manhattan street Saturday, wounding two bystanders, authorities said. Police said the man seemed like he was going for a weapon but was unarmed. The bullets struck one woman in the right knee and grazed another in the buttocks, police said. THE ASSOCIATED PRESS



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The Power to Surprise





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# Foodie factor. N.Y. village offers free rent to right chef

Locals looking to land a buzzworthy, foodie-friendly restaurant in the Hudson River village of Catskill, N.Y., are offering the right chef a novel deal: Come to Catskill with a killer concept — maybe farm-to-table, gastropub or vegetarian — and get space on Main Street rent free for a year.

The hope is the right restaurant will give the growing number of downriver arrivals from New York City an attractive place to eat. And maybe it will accelerate the kind of gentrification that has revived other river towns.

"I don't know what the

actual spark will be, but I certainly think this will help ignite whatever's going to happen," said Nina Sklansky, who belongs to a local group promoting Catskill as a funky, affordable place. "If people are going to linger, they're going to want to eat."

Catskill, on the west bank of the Hudson about 160 kilometres north of New York City, has so far kept its humble roots. But like a lot of corners of the valley, the village of 4,000 is changing as city people migrate north or buy second homes.

THE ASSOCIATED PRESS



# How Twitter flew from obscurity to IPO hype

**Social media.** Service's public sale of stock will be the most scrutinized since Facebook's Wall Street debut in 2012

The Pope. President Obama. Queen Elizabeth. Oprah. You.

When Twitter started seven years ago as an obscure medium for geeks, critics dismissed it as an exercise in narcissism. Some thought it would be as intriguing as watching people gaze at their bellybuttons. But it quickly matured into a worldwide messaging service used by everyone from heads of state to revolutionaries to companies trying to hawk products.

Now, Twitter is taking the next critical step in its evolution — selling stock to the public. It promises to be the most hyped and scrutinized initial public offering since Facebook's Wall

Quotec

"You can rub elbows with famous people instantly .... It wasn't until Twitter that the combination of speed and access to anyone became available for everyone."

Fordham University professor Paul Levinson, author of New New Media

Street debut in May 2012. To be successful, the company will need to become an advertising behemoth and prove that the same service that has already helped change the course of history can also make money.

Twitter quietly slipped out news of its plan to go public in a tweet last Thursday afternoon. By the next morning, nearly 14,000 of Twitter's 200 million users had retransmitted the message.

"Twitter epitomizes the



Famous figures on Twitter include, clockwise from top left, Oprah Winfrey, the Dalai Lama, the Bronx Zoo's once-missing Egyptian cobra, Pope Benedici XVI. President Barack Obama and Queen Elizabeth. THE ASSOCIATED PRESS FILE

revolution of social media ... more than Facebook, more than YouTube," says Fordham University communications professor Paul Levinson, author of New New Media. "It caters to the immediacy, the equality of all users." The ASSOCIATED PRESS



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### Telecom

# Who will bid for wireless spectrum? We'll soon find out

Consumers will soon get an indication whether there are any foreign telecoms with the billions and the brawn to push their way past the country's three dominant carriers to compete for a piece of Canada's wireless market.

Registration opens Tuesday for bids in a government auction to buy radio waves needed to build cellphone networks. America's AT&T, Norway's Telenor and U.K.'s Vodafone are rumoured to be interested.

The bidders' identities won't be made public until Sept. 23, but the aggressive public relations campaign launched this summer by Canada's big three telecoms — Rogers, Telus and Bell — in reaction to Verizon's interest may have "scared off" interest from outside, said analyst Troy Crandall of investment firm MacDougall, MacDougall & MacTier.

THE CANADIAN PRESS



# An Arctic chill rolls across central London

Environmental activists manoeuvre a giant marionette polar bear named Aurora in a parade through central London on Sunday to protest against oil companies exploiting the Arctic. YUI MOK/THE ASSOCIATED PRESS



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- Valid Class 5 driver license and reliable vehicle is a must

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**VOICES** 

# THERE ARE NO FREE RIDES HERI

My 13-year-old son wants to go on a school trip to Ontario and Quebec next year.

He's known about it for some time and, after formulating a plan, he presented us with said blueprint for his \$2,600 jaunt: You pay for it. I had to stop myself from laughing. Instead,

his stepmom and I laid out a counter-proposal in which he had to earn \$100 per month over the next nine months, adding that to the \$500 he earned this summer working as a lifeguard. We would help out with a portion of the rest.

We feel strongly that anything worth doing should be earned.

Apparently, so does Ald. Druh Farrell In the debate over which LRT line should be built next (preceded by possible bus rapid transit), Farrell suggested that "earning" LRT be part of the decision-making criteria.

"I think there have to be consequences, and earning LRT is an important principle that we need to embed somehow in this cri-



**Darren Krause** 

teria. If, within a certain period of time, you haven't shown a willingness to follow through on density, you don't get it," Farrell said. The two possible LRT lines in question—th

north-central and the southeast line —vary greatly in their geography and density. The north-central line travels up the heavily used Centre Street North corridor, an area that could use a facelift anyway. The southeast line, as many aldermen know, services a large, transit-starved population in the deep south, but there's little in tween them and the downtown.

Perhaps what Farrell is getting at is, knowing that the S.E. LRT line was on the radar for years, why hasn't development density followed suit? It would show a commitment on behalf of developers and the city alike to make this line more vi-

In fairness, the north-central line hasn't really done much to

earn BRT or LRT either. But it does have the benefit of being fully

enveloped by mature communities, some that may be on the verge of gentrification, and with that, densification.

Southeast Calgary, not so much. While it may be tough to pit these communities against each other in terms of who has earned a new BRT or LRT line, it's something that should be considered as this city plans for the future.

"For any of this to work, council has to be committed, commit-

ror any of this to work, counter has to be committed, committed, committed to transit-supported land uses — not only before it gets built but after it gets built — and we have proven over and over and over that we're not willing to do it," Mayor Naheed Nenshi said in the same debate.

By that premise, maybe the issue shouldn't be decided until both the city and developers work in conjunction to realize the transit/development plan they envision. This means more density — and we're talking real density, not the kind that puts more single-family homes closer together — and more mixed-use, transitoriented development around the nodes that exist and the nodes planned into the future.

So, yes, let's earn our way to better transit. Much as my son has to earn his way to eastern Canada.

# **ZOOM**

**Motor-yikes!** 



# Mega-motorbike tops world record

This gigantic ride got its driver on the high road to record-breaking fame. Fabio Reggiani, 31, has created the world's tallest motorcycle — a bike that's six times larger than a standard model. The product designer from Reggio Emilia, Italy, features in this year's edition of the Guinness World Records book. **METRO** 

Motorcycle in numbers

5.10 m

the motorcycle's height — higher than a double-decker bus.

10.03 m

5,000 kg the bike's weight — as heavy as the aver age African elephant. Q and A

# 'I control the bike using a joystick'

What was the process behind making this monster motorbike?

A team of eight of us spent seven months building the vehicle. Most of the parts are actually from large cars: The engine was a 5.7L V8 engine, running at 280 horsepower. It can drive at a top speed of

How do you reach the skyscraping handlebars? I don't (laughs). I control the bike using a joystick that's placed in front of the seat. It's quite easy, in fact — I only need to turn the front wheel.

What's been the reaction from the public?
My favourite one has been, "O mamma mia come è grande!" ("Oh my mother, how big it is!")



With the days of summer in the rearview mirror, it can be hard to escape the fall doldrums. But come on, for most of us, life ain't really so bad. If you sometimes need a little reminder on how to put on that happy face, there's a whole new wave of self-help happiness apps.

Happier: Let's be honest: No one wants to be the guy walking around telling everyone how great their life is. So now you don't have to. Happier lets you share your happy thoughts with a community of like-minded happiness-seekers.

**Track Your Happiness:** Kind of like fitness tracker meets re-search project. This site lets you track happier who you were with and what you were

doing when reaching your peak happy levels. Goodbye Debbie-downer

### Hapyr:

All it takes, according to the website, is two minutes a day to be a happier you. Happy sends a daily reminder for people to sit down and write for just 120 seconds about all the lovely things

@metropicks asked: When Twitter launched, many doubted its success. Now it's going public. Why do you use Twitter?

@SpenceShaun: Twitter-There isn't a better source for up to the minute news and information. Lightning fast reporting.

@CSRiames: My intern said our project was, I quote "#totesamaze". I laughed. Felt old. Got Twitter. Now I'm #totescool ;)

@Carefulspider: It connects you to local news and what's happening in your community. Just one of the reasons I use twitter

@SteveWLayton: It allows you to share a thought in a noisy social world and get thoughtful responses from the global commun-

Follow @metropicks and take part in our daily poll.

WANT TO HEAR FROM YOU: Send us your comments: calgaryletters@metronews.ca



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metronews.ca Monday, September 16, 2013 **SCENE** 

# Keeping it in the family

**Celebrity spawn.** Famous relatives are a double-edged sword in the movie business

eration of actors and directors trying to make their way in the

This year's cinematic of-ferings at the Toronto Inter-national Film Festival featured a slew of young movie makers and up-and-coming stars with famous last names who are try-

nizable surname can certainly have its perks, it seems a memorable moniker also brings certain pressures.

Colin Hanks, the witty son of the famed Tom Hanks, knows all too well what it's like to be compared to his popular father.

the actor, who was in Toronto

"This sort of idea of, 'Oh well, he's not as good as his dad' — that always makes me laugh because I was getting that when I was 23, and I'm like 'OK ... he had time to get to where he is."

The younger Hanks noted that while his last name creates a point of interest, he's stopped stressing over unfair comparisons to his dad.

"There's not really a whole lot I can do about it so I don't really think about it too much, he said with a shrug. "(Acting) is a profession that I've chosen because I love it and I don't want to do anything else."

Sarah Sutherland is already learning to think along the

What's in a (family) name? Quite a bit, apparently, when it comes to the next gen-

ing to step beyond the shadow of their well-known relatives.

But while having a recog-

"Definitely, there is more attention than most," said promoting his upcoming JFK drama Parkland.

Colin Hanks doesn't like to give too much weight doesn't he totally look like his dad? THE CANADIAN The 25-year-old said being the daughter of Canadian actor Kiefer Sutherland and the granddaughter of esteemed actor Donald Sutherland does come with "certain assumptions"

But the budding actress, who was promoting her new movie Beneath the Harvest Sky at TIFF, hopes she can come to be known for her own work, and not just her name. "My father and my grand-

father have an incredible body of work and both have an incredible work ethic, so I'm just proud to be associated with them and to be making my

own mark in this industry." she said.
"We always keep business

h weight to the comparisons he inevitably gets to Tom. But seriously,

and personal things very separate and they've always been very respectful of me figuring things out on my own."

There's no doubt that the progeny of big-name celebrities get held up to higher standards. But there are some among the next generation of stars who are driven by that

added scrutiny.

Take Gia Coppola, for instance. The granddaughter of Hollywood heavyweight Francis Ford Coppola (the man beof Sofia Coppola is well-aware of the critical analysis her own directorial debut is being sub-

"It does add a lot of pressure, but it just makes me want to work harder and prove that I can stand on my own," said the soft-spoken 26-year-old, who has adapted a book by James Franco for the big screen with her film Palo

Alto.
"I hope that people see the film because they're interested in the story and not so much to see what the spawn of the (Coppola) family ... can do."

Who: Vampire Weekend

Where: iTunes Festival

When: Sunday, Sept. 15

During Vampire Weekend's iTunes Festival performance Sunday, you'd be hard-pressed to recognize the nervous Ivy Leaguers who took over indie rock a few years ago. Ezra Koenig and co. came across like bona fide pop stars. On opener, Diane Young, from their latest album, Modern Vampires of the City, the group cranked out the tune's big hooks with aplomb. Meanwhile, tracks from their first two records, such as Oxford Comma and Horchata, received some of the strongest reactions. The band drew in equal parts from all three of their albums, and their distinct voice and polished image served to dispel criticisms that their music was too derivative of Afropop rhythms. Sure, the pen-chant for intellectual lyrics is still intact, but they're being themselves. They seem more comfortable in their own skin and found the balance between elitism and good old-fashioned fun. Just before their third and final encore, Koenig said goodbye to the audience and wished everyone a good school week IACOB MORGAN/METRO

EACH MONDAY IN SEPTEMBER, MET-RO WILL REVIEW ONE OF THE ACTS PARTICIPATING IN THE ITUNES FES-TIVAL. TAKING PLACE ALL MONTH AT THE RENOWNED ROUNDHOUSE IN LONDON - AND STREAMING ONLINE IN HD - THE ITUNES FESTIVAL FEATURES 60 ACTS EACH DAY AT 4 P.M. ET/1 P.M. P.T. TO WATCH LIVE, DOWNLOAD THE ITUNES FESTIVAL APP TO YOUR IPHONE, IPAD, IPOD TOUCH OR APPLE TV. FOR A FULL LIST OF ACTS, VISIT METRONEWS.CA

# After full-frontal, it's time to say goodbye

Where do you go after you show Alexander Skarsgård naked? Answer: Nowhere — you just

Answer: Nowhere — you just have to cancel the series.

OK, that might not be the reason HBO pulled the plug on True Blood, but it might be close. (After you go full frontal,

it's hard to go back.)
Michael Lombardo, the network's president of programming, released this statement about ending the show in 2014

after seven seasons: "True Blood has been nothing short of a defining show for HBO. Alan Ball took the books by Charlaine Harris, assembled a brilliant cast led by the magnificent Anna Paquin in the role of Sookie Stackhouse, and crafted a show that has taken its many devoted fans on an unforgettable journey.

Alan passed the baton to Brian Buckner, who led our fantastic writers and crew in crafting a spectacular sixth season, and he will lead us through the seventh and final season of this amazing show.

Together with its legions

of fans, it will be hard to say goodbye to the residents of Bon Temps, but I look forward to what promises to be a fantastic final chapter of this incredible

In a recent interview with Metro, we asked Kristin Bauer Straten, who plays Pam, what she would do when True Blood ends its course.

ends its course.
"I have a secret hope that I can stay in the world of cable television, HBO," she told us (got that, Lombardo?) "It's just nice to be in a world without

advertising.

"And I know that the other networks — kids today don't know that the networks are free. You can get a coat hanger and you can watch ABC and CBS and NBC. So, I understand they have to be paid for, but it is a different feel working for is a different feel working for HBO, where the creative content doesn't have that control and so, clearly, we get to do things that you can't do when, you know, little kids might be watching.

DOROTHY ROBINSON/METRO



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metronews.ca Monday, September 16, 2013 metr⊕ 16 DISH



# Who's going to swing the final wrecking ball through this relationship?

This can't be a good sign. In the wake of renewed rumours about Liam Hemsworth and January Jones getting cosy, Hemsworth's fiancée, Miley Cyrus, has unfollowed him on Twitter, adding to speculation that the couple of four years may be in trouble. Cyrus has been travelling around

Europe promoting her latest album, while Hemsworth was most recently in Las Vegas this weekend for the Mayweather-Canelo boxing match. Hemsworth and Cyrus haven't been spotted together in public since the premiere of his latest film, Paranoia, last month in Los Angeles.

# **METRO DISH**

OUR TAKE ON THE WORLD OF CELEBRITIES

### Pop Goes The Week

The new adventures of Pippi Longstocking -rated X



STARGAZING

The pilot of a private plane tells TMZ that when Justin Bieber and his posse recently exited an SUV to board, pot smoke billowed out and Justin was "baked out of his mind" on the flight. Calm down. Justin's just researching for his next song, If I Was Your Boy Idol Who Threw It All Away.

Tami Erin, who played Pippi Longstocking in some 1980s movie, says she's releasing her sex tape before her ex does. Here's hoping said ex isn't the horse or the monkey.

Prince Andrew is confronted by security personnel at Buckingham Palace. Being him is like being the Jonas Brother named ... erm ... his name is ... the one who sings on Broadway.

Brad Pitt says there may be a World War Z sequel in the works. It may take a while because they have to figure out the CGI necessary to make the zombies run even



@justinbieber





Tweeps, if I'm out where there's 11K people and EVERYBODY wants "just one picture" and I politely decline, please don't take it personally.



#### @Fred\_Willard

Wondering today why coffee and tea cups are only half full in tv,film...Bigger question, why do I won-

# Yeezus, Kanye get a grip!

Kanye West has been formally charged with misdemeanor battery and attempted grand theft stemming from his brawl with a photographer outside the Los Angeles International Airport in July, according to TMZ.

An arraignment has been scheduled for Oct. 10. "We are very gratified to learn today that the L.A.

City Attorney has chosen to criminally charge Kanye West," Gloria Allred, the attorney for photographer Daniel Ramos, said in a statement.

"Celebrities should be held to the same standards as anyone else and we are very gratified that the L.A. City Attorney is not intimi-dated by Mr. West's fame and fortune.



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# Getting high on self-esteem

According to Nick Whitehead, the CEO of Oxford Learning, some students with high self-esteem have only mediocre marks.

That's because they have learned important lessons:

Trying is as important as success, and overcoming failure and learning from mistakes are essential to development.

Whitehead points out that parents can tell if children have healthy self-esteem by observing their actions and asking some vital questions.

• Does all learning have to be

highly structured or does she or he accept change?

- Can your child willingly accept difficulty, or deal with failure?
- When confronted by failure, does she or he blame somebody else? Or does your child take responsibility for his or

her own learning experience?

• Is your child content just to get by with average achievement or does she or he try to excel?

NEWS CANADA

#### **Exclusively online**

Read Reasons Mommy Drinks, by Lyranda Martin Evans and Fiona Stevenson at metronews. ca/voices. Buy the book, Reasons Mommy Drinks, in North American bookstores now.

# Take a bite out of school lunches

Tips. A recent survey shows that 62 per cent of parents don't enjoy making school lunches for their kids



IT'S ALL RELATIVE Kathy Buckworth Kathybuckworth.com

Being a parent is hard work. And if I were to believe what I see on Twitter, Facebook and in blogs, article and television segments, the making of school lunches is near the top of the list.

(As an aside, is it just me, or am I right in thinking that if making a school lunch is even in the top 100 complaints about your life then your life is pretty good?)

A survey I recently ran with Cityline viewers revealed that 62 per cent of respondents said they do not enjoy making their kids' lunches, but they do it anyway, even though the kids are old enough to do it themselves.

In the corporate world, this



would be known as bad project management. True, there are some parents who like being responsible for putting together the lunches for their kids, which allows them to control what foods and how much goes in. Of course, it can't control the fact that little Jimmy may still trade away his apple for a brownie, or pitch the broccoli in a bin on the way out of the lunchroom, but it can help limit their bad food choice options.

What it doesn't do, though, is teach them to make their

own healthy food choices at home, and to take on a responsibility that they can easily handle from about age eight and up.

Kids even younger should be involved in some part of the While there is a growing trend to hide nutritious food from kids (zucchini in muffins), or make it "fun" for them to eat (sandwiches cut like flowers), this is really just training mom and dad on some new mostly non-transferable culinary skills, and not providing a food education for your children. Teach them to make a regular, square sandwich instead.

So how can you get the kids to take it on?

- **1.** Sit down and write out a list of lunch options: sandwiches, re-heatable foods and salads, as their main entree.
- **2.** List acceptable snacks they can choose from, out of the cupboard, fridge, or fruit bowl. Then let them construct.
- **3.** Start by having them "own" the responsibility of lunch. If they want you to make it, they have to ask. Nicely. And you can say no. (You're the boss, remember?).

KATHY BUCKWORTH'S NEW BOOK I AM SO THE BOSS OF YOU IS AVAILABLE IN BOOK-STORES EVERYWHERE. KATHY IS THE NEW HOST OF TORONTO SPEAKS: PAR-ENTING, DEBUTING ON ROGERS TELE-VISION MONDAY, SEPT. 30.

# KNOW

# MUNICIPAL EVENTS Ward 2

Dalhousie Community Assotiation 5432 Dalhart Road NW September 20, 2013 6:30pm – 8:30pm

### Ward 4

Hunting Hills Community Hall 520 – 78 Ave NW Septmber 30, 2013 6:30pm – 8:30pm

# Ward 7

Mount Pleasant Comminty Hall

# MEET CANDIDATES EVENT YOUR CANDIDTATE. CANDIDITATE. CA

602 – 22 Ave NW September 19, 2013 6:30pm – 8:30pm

### Ward 9

Inglewood Community Centre 1740 – 24 Ave SE October 3, 2013 7:00pm - 9:00 pm

### Ward 11

Marda Loop Community Hall 313 – 16 St. SW October 9, 2013 6:30pm – 8:30pm

# SCHOOL BOARD AND CATHOLIC SCHOOL BOARD Wards 3 and 4 (public) Ward 3 (Catholic) Wards 4 and 7 (Catholic)

Throncliffe Community Centre 5600 Centre St. N September 24, 2013 6:30pm – 8:30pm

# Wards 6 and 7 (Public) Wards 4 and 7 (Catholic) Wards 6 and 9 (Catholic)

Mount Pleasant Community Hall 602 – 22 Ave. NW September 26, 2013 6:30pm – 8:30pm Wards 11 and 13 (Public) Wards 13 and 14 (Catholic) Wards 11 and 12 (Catholic)

Marda Loop Community Hall 3130 – 16 St. SW October 10, 2013 6:30pm – 8:30pm

Wards 12 and 14 (Public) Wards 13 and 14 (Catholic) Wards 11 and 12 (Catholic)

Midnapore Community Association 50 Midpark Rise SE October 1, 2013 6:30pm – 8:30pm

# Mexican Independence Day isn't complete without Cemita

This traditional Mexican sandwich offers delicious layers of zesty chicken, a creamy cheese spread, crunchy cabbage slaw and sliced avocados from Mexico

Personalize your Cemita by replacing the chicken with pulled pork or thinly sliced beef and cranking up the spice level.

Sharing, optional. Napkins, mandatory.

- **1.** In bowl, combine cabbage, lime juice, sugar, salt and pepper. Set aside.
- **2.** In saucepan, bring onion, broth and BBQ sauce to boil over high heat; reduce heat to medium and gently boil until onion is softened and liquid is reduced to about 1/2 cup (125 ml), about 5 minutes. Add chicken; heat through. Cover and set aside.
- **3.** Avocado Cheese Spread: In bowl, mash one of the avocados. Stir in mayonnaise, lime juice, salt and pepper; fold in



cheese and cilantro. Thinly slice remaining avocado.

**4.** To build sandwiches, place avocado slices on base of toasted buns. Spoon some of the

chicken mixture overtop, top with cabbage slaw, then Avocado Cheese Spread, and finally a few pickled jalapenos. Top with bun lids, skewering with picks, if needed. MISSAVACADO.CA

#### Ingredients

- 2 cups (500 ml) finely shredded
- 2 tbsp (30 ml) lime juice
- 1 1/2 tsp (7 ml) sugar
- 1/4 tsp (1 ml) each salt and freshly ground pepper
- 1 small onion, thinly sliced
- 3/4 cup (175 ml) chicken broth • 1/2 cup (125 ml) favourite
- 3 cups (750 ml) cooked rotisserie chicken, shredded

#### Avocado Cheese Spread

smoky BBQ sauce

- 2 fully ripened avocados from Mexico, halved, pitted, peeled
- 1/4 cup (60 ml) light mayo
- 1 tsp (5 ml) lime juice
- 1/4 tsp (1 ml) each salt, pepper
- 1 cup (250 ml) shredded fresh Oaxaca cheese
- 1/4 cup (60 ml) chopped cilantro
- 1/2 cup (125 ml) sliced pickled jalapeno peppers
- 6 large sesame seed burger buns, split and toasted

# Healthy eating

# Choose it and lose it



metronews.ca Monday, September 16, 2013

Get in those last cold treats before fall arrives, but be careful if you're watching calories, fat and sugar.



# Medium Dairy Queen S'mores Blizzard

**870** cal / **38** g fat / **92** g sugar Better stick to the camp fire s'mores for calories and fat. The soft serve with s'more ingredients is not worth



# Equivalent

One medium Dairy Queen S'mores Blizzard is equal in fat to eight s'mores.



# Medium Dairy Queen Chocolate Sundae

410 calories / 9 g fat / 64 g sugar

A chocolate sundae is so satisfying at half the calories and one quarter the fat





metronews.ca
Monday, September 16, 2013

WORK/EDUCATION 19

# Memorizing a 400-digit number? 'Anyone can do it with practice'

All hail the human computer. Some folks are making it their mission to be masters of memory, but is the skill still valid in the age of all things digital?

#### KIERON MONKS

Metro World News in Londor

In 1978, sharks turn vegetarian. In 2041, a mouse swims across the ocean. This was unlike any test I had experienced — in five minutes I had to memorize 150 pairs of abstract events and dates, competing against the world's best memories.

Around the room competitors had their eyes shut in fierce concentration, their ears covered with headphones; some tapped their feet or rocked back and forth. I was out of my depth and relieved to score 10. "Not terrible," according to a supervisor.

The UK Open Memory Championship, held at the Science Museum in London, England, attracts many of the leading mnemonists. They compete in 10 disciplines that include memorizing decks of cards in under a minute and reciting 400-digit binary numbers.

"This is about creativity — you take the numbers and turn them into pictures and make stories out of them," says threetime world champion Ben Pidmore, who describes himself as an "accountant with the soul of a hippie."

Changing the impression of a closed shop for science geeks is key to the sport's growth, and although there were no female participants this year, new ground is being broken all the time.

Since the first World Cham-



pionships in 1991, seven founding members have grown into global rankings for a top 1,000 and a thriving tour of prestige events from Bahrain to China.

Standards have been driven up along the way.

"In athletics we measure success and failure by 100ths of seconds, but in mental athletics every year we are discovering the brain capacity is much bigger than we thought possible," says Chris Day, general secretary of the World Memory Sports Council.

In the 1980s it was widely believed that no-one could recall more than 30 numbers, but the 2012 World Champion

#### Memory technique

#### Remembering a speech:

- Break it down into sections
- Attach a word to each section. Example: door, dog, handkerchief.
- Construct a story using the words and give them

context. Example: 'I walk through the squeaking door, and see my dog sitting on the mat. On his nose is a handkerchief.'

Go over the story until you can remember it forward and backward.

Wang Feng, from China, has memorized 2,660. To compete at the top, training requirements have gone from one hour per day for a week, to 10-hour days for six months, and many competitors use audiovisual stimulation machines to keep them sharp.

Some have questioned the need for memory training in a digital age, but author and former champion Dominic O'Brien believes it is essential. "If you don't exercise your memory, your attention span and mental agility suffers. Google is fast food and we need to work it off."

O'Brien has secured government funding for a scheme that teaches memory techniques in schools.

"You have the kids learn a story and then they realize they have learned the first 20 elements of the periodic table."

# GRAPHIC DESIGNER

We're looking for a talented Graphic Designer whose portfolio and experience reflects that of a strong print design background. In this six month contract position, the right candidate will join Metro's dynamic and award winning Creative Services team. The ideal candidate will have a successful track record of delivering a variety of quality creative and deadline driven projects in an extremely fast paced environment. In addition a solid comprehension of print design and production, specifically for print advertising and online design skills using web-based media are a definite asset.

### PRIMARY RESPONSIBILITIES:

- Development of creative executions for in-paper retail advertising, and print production knowledge
- Build strong collaborative relationships with internal and external clientele
- Quality assurance of design and layout prior to sending to clients, high degree of accuracy

### REQUIREMENTS OF THE POSITION:

- Skilled in print, online and mobile graphic design, comprehensive and complete software knowledge including, QuarkXPress, InDesign, Adobe Acrobat/Distiller, Photoshop, and Illustrator
- Proficient on both Mac and PC platforms
- Ability to prep files for print production, including file stuffing (.sitx, .sit, .sea, .zip) and FTP experience
- Professional, personable, approachable with great communication skills (both verbal and written)
- Ability to thrive under pressure in a fast paced, multi-faceted and deadline driven environment with strong attention to detail (typography, copy, grammar, layout, images, colour, etc)
- Must be a quick problem-solver, who initiates projects and takes a pro-active approach.
- Must be highly skilled at multi-tasking, prioritizing workload efficiently, and tracking ad material.
- Post secondary degree or diploma in Graphic Design (Print)
- 3+ years design experience within a media environment

Interested individuals who possess the skills described above are requested to submit their resume and cover letter via email to <a href="https://hreatists.ca">hr@metronews.ca</a> no later than Sept. 20, 2013. PLEASE QUOTE: "Graphic Designer - Calgary in the subject line. All submissions will be treated as confidential.









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metr⊕ **WORK/EDUCATION** metronews.ca Monday, September 16, 2013



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# Mom and Dad, I want words, not the wide screen



# SALES REPRESENTATIVE

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- Proven track record in profitable selling

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# **Beauty of the book.**

How to foster a lifelong love of reading in your little one

Reading is a gift — it takes you on a journey, opens your eyes, raises questions and exposes you to new thoughts and ideas. With the following five tips, you can make sure your child will read more and have fun while doing it:

## Designate reading time

Setting daily reading time with your child is an effective way to motivate him or her to read more. Whether it is during breakfast, after school or before bedtime, a set time of day infuses routine and stability, giving your child something to look forward to.

## Learn a new word a day

Pick out a word in an encyclopedia, or have your child flip to a random page and select a word with his

metr

A journal is a great way to bolster your child's creativity and enhance reading and writing skills.

To add another layer of learning, encourage kids to use some of the new words they have been learning to further enhance their vocabulary. A short daily journal entry will help keep their skills sharp.

or her finger, then study it and learn the spelling and meaning behind the word. If you would like to go even further, you can encourage your child to use that word in a sentence the following day to help with memory

### Learn through listening

Audio books, learning songs and trivia challenges help build comprehension

skills and vocabulary. For a tool to help the learning to read and write process, the LeapReader by LeapFrog has a library with more than 150 stories, work and audio books, along with a wide range of activities that are sure to stimulate their minds and help foster enhanced reading and writing skills.

### Start a book club

Organize a book club amongst your children's friends. Host a get-together once a month, where they can discuss the latest book they are reading. Make it fun by serving some snacks and drinks (you can even theme them around the

These tips will help ensure reading is an enjoyable experience that you and your child will relish. By making reading fun, you will ensure that your child enhances his or her skills and it will be a memorable experience that you can share together for years to come. NEWS CANADA

### NBA

# James picks up another ring

Miami Heat star LeBron James married Savannah Brinson at the posh Grand Del Mar Hotel in San Diego on Saturday, according to two people familiar with the details of the ceremony. THE ASSOCIATED PRESS

### Soccer

# Ronaldo re-ups with Madrid

Cristiano Ronaldo signed a new contract with Real Madrid on Sunday that will keep him at the Spanish club until 2018. Madrid did not disclose the terms of the deal. THE ASSOCIATED PRESS

## MLB

# Blue Jays lose battle of the birds

Mark Buehrle inched a little closer to his 13th consecutive season with 200 innings pitched on Sunday, but for the second start in a row, the lefthander struggled.

The Baltimore Orioles earned a 3-1 victory over the Toronto Blue Jays at Rogers Centre as Buehrle lasted five innings, bringing his total to 194 1/3 for the season.

THE CANADIAN PRESS





# Brother down: Peyton tops Eli in family affair

NFL. Eli, Giants fall to 0-2 as Broncos win laugher in New Jersey

Unless they meet again in the post-season, this was the last Manning Bowl.

No less an authority than Peyton Manning says so, and why not: Peyton is 3-0 against younger brother Eli in regularseason games after Denver's 41-23 rout Sunday of the New York

"I think both of us are glad that it's over with," Peyton Week 2

41 23

Broncos Giants

said after throwing for two touchdowns. "Post-season is one thing, but I don't think I'll make it to the next regular season (meeting, in four years). I think this'll be the end of it. So I'll be happy about that. And the family will."

Mile high yardage

60,000

Peyton Manning became the third player to surpass the 60,000-yards passing threshold on the Broncos' opening drive Sunday.

Big brother didn't need another record-tying seven touch-down passes. He got this win with a huge boost from Knowshon Moreno, who rushed for two touchdowns and 93 yards on just 13 carries. Denver (2-0), which has won 13 straight

regular-season games, ran for 109 yards altogether.

With Manning finding Wes Welker and Julius Thomas for touchdowns, and Moreno scoring on sprints down the right side, Denver dominated much of the matchup between Super Bowl MVP quarterbacks; Eli has won two titles, Peyton one. The older Manning's first two victories against his sibling came when Peyton was with the Colts.

"For me, it's a strange feeling," Peyton said. "It's not quite as enjoyable as if you beat somebody else."

THE ASSOCIATED PRESS

# Lions continue dominance over Als in B.C.



Travis Lulay threw for a touchdown and ran for another as the B.C. Lions beat the Montreal Alouettes 36-14 in CFL action Sunday.

B.C. improved to 7-4 while avenging a last-second loss in Montreal on Aug. 22. The Alouettes, who were held scoreless in the first half and trailed throughout, fell to 4-7. Montreal suffered its 13th loss in its last 14 visits to Vancouver.

Shawn Gore caught Lulay's touchdown pass while Andrew Harris scored on a one-yard run. Marco Iannuzzi caught



a TD pass from B.C. backup quarterback Thomas DeMarco late in the game. It was the first scoring strike of DeMarco's two-year CFL career.

B.C.'s other points came on

a conceded safety and Paul Mc-Callum's two field goals and four converts.

Montreal's points came on touchdown receptions by S.J. Green and Brandon London. Both TD passes were thrown by Josh Neiswander, the third Alouettes quarterback used in the game.

The Als recovered two fumbles, by Lulay and Harris, and also had an interception in the first half, but could not convert the turnovers into decent field position, let alone points.

THE CANDIAN PRESS

metronews.ca Monday, September 16, 2013 22 **SPORTS** metr⊕



ric in Belgrade, Serbia, Sunday, Raonic, of Thornhill, Ont., came in with a slight ankle injury that he picked up in his win over Janko Tipsarevic on Friday. DARKO VOJ

# **Canadians banged** up after falling to Serbs in semifinal

Davis Cup. Pospisil, Raonic walk away from international tourney with ankle injuries

Canada limped out of the 2013 Davis Cup semifinal with three losses to Serbia, and two bruised bodies.

The Canadian team's Davis Cup run came to an end Sunday as Janko Tipsarevic beat Vasek Pospisil 7-6 (3), 6-2, 7-6 (6), giving Serbia the 3-2 win in the best-of-five tie.

Pospisil was injured when he dove to hit a volley that was returned for the final point.

"I went for a volley and rolled my ankle and hear some pops, which obviously isn't good, but that was it," said Pospisil, who was helped into the

post-match press conference by Canadian staff members. "My ankle's swollen right now. Hopefully it's nothing too ser-

"The fact that I was able to walk out of there was probably a good thing.

Tipsarevic took a commanding 5-1 lead in the decisive tiebreak but had trouble closing out the game until match point when he desperately dove for Pospisil's shot.

The euphoria for the hosts started when the ball just barely made it over the net and past a helpless Pospisil. Had he won the point and the match continued, Pospisil insists he would have played through the pain as best as possible.

Canada's run to the semifinals featured upset wins over Spain and Italy. And with the 23-year-old Pospisil, 22-year

Serbia is back in the final for the first time since winning the tournament in 2010.

Novak Djokovic forced the decider when he took down No. 11 Milos Raonic 7-6 (1), 6-2, 6-2 in the first match of the day.

old Milos Raonic, and doubles maestro Daniel Nestor, who insists he still has a few years left despite being 41 years old, there is the core of a strong team for years to come.

"Hopefully they'll have to deal with us a lot in the future," Pospisil said. "We're a pretty young team, so that's obviously good for us.'

THE CANADIAN PRESS

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# MLB

### **AMERICAN LEAGUE**

EAST DIVISION				
	W	L	Pct	GB
Boston	92	59	.609	_
Tampa Bay	81	67	.547	91/2
Baltimore	79	70	.530	12
New York	79	71	.527	121/2
Toronto	68	81	.456	23
CENTRAL DIVISION				
CENTRAL DIVISION	W	L	Pct	GB
CENTRAL DIVISION  Detroit	<b>W</b> 86	<b>L</b> 63	<b>Pct</b> .577	GB —
		-		<b>GB</b> - 5
Detroit	86	63	.577	_
Detroit Cleveland	86 81	63 68	.577 .544	5 8

# WEST DIVISION

	W	L	Pct	GE
Oakland	88	61	.591	-
Texas	81	67	.547	61
Los Angeles	72	77	.483	1
Seattle	66	83	.443	2
Houston	51	98	.342	3
C 1 / 11				

Sunday's results Baltimore 3 Toronto 1

Detroit 3 Kansas City 2 Minnesota 6 Tampa Bay 4 L.A. Angels 2 Houston 1 Oakland 5 Texas 1

Cleveland 7 Chicago White Sox 1 Boston 9 N.Y. Yankees 2

Saturday's results Boston 5 N.Y. Yankees 1 Oakland 1 Texas 0 Toronto 4 Baltimore 3

Kansas City 1 Detroit 0 Tampa Bay 7 Minnesota 0 Cleveland 8 Chicago White Sox 1 L.A. Angels 6 Houston 2

Monday's games — All times Eastern Seattle (Saunders 11-14) at Detroit (Porcello 12-8), 7:08 p.m.

Texas (Garza 3-4) at Tampa Bay (Cobb Cincinnati (Cueto 4-2) at Houston (Bedard

4-10), 8:10 p.m. Minnesota (Hendriks 1-2) at Chicago

White Sox (Quintana 7-6), 8:10 p.m. Cleveland (Kazmir 8-8) at Kansas City (Shields 11-9), 8:10 p.m. L.A. Angels (Wilson 16-6) at Oakland

(Gray 3-3), 10:05 p.m.

# **NATIONAL LEAGUE**

EAST DIVISION

LAST DIVISION				
Atlanta	<b>W</b> 89	<b>L</b> 60	Pct .597	GB
Washington	79	70	.530	10
Philadelphia	69	80	.463	20
New York	67	82	.450	22
Miami	55	94	.369	34
CENTRAL DIVISION	ON			
	W	L	Pct	GB
Pittsburgh	87	62	.584	_
St. Louis	87	62	.584	-
Cincinnati	84	66	.560	31/
Milwaukee	65	83	.439	211/
Chicago	63	86	.423	24
WEST DIVISION				
	W	L	Pct	GB
Los Angeles	86	63	.577	-
Arizona	75	73	.507	101/
San Francisco	69	81	.460	171/
San Diego	68	80	.459	171/
	68			181/2

N.Y. Mets 1 Miami 0 (12 inn.) Nat. Neets I willing (12 lill.) San Diego 4 Atlanta 0 Pittsburgh 3 Chicago Cubs 2 Washington 11 Philadelphia 2 Milwaukee 6 Cincinnati 5 St. Louis 12 Seattle 2 San Francisco 4 L.A. Dodgers 3 Arizona 8 Colorado 2 Saturday's results Cincinnati 7 Milwaukee 3 Miami 3 N.Y. Mets 0

wildin 5 N.Y. Mets 0
Pittsburgh 2 Chicago Cubs 1
Philadelphia 5 Washington 4
Atlanta 2 San Diego 1
Seattle 4 St. Louis 1
N.Y. Mets 3 Miami 1
Arizona 9 Colorada 2 Arizona 9 Colorado 2

Monday's games — All times Eastern San Diego (Cashner 9-8) at Pittsburgh (Burnett 8-10), 7:05 p.m.

(Burnett 8-10), 7:05 p.m. Miami (Dyson 0-0) at Philadelphia (Lee 13-6), 7:05 p.m. Atlanta (Minor 13-7) at Washington (Haren 9-13), 7:05 p.m.

Chicago Cubs (Jackson 8-15) at Milwaukee (Peralta 9-15), 8:10 p.m. St. Louis (Lynn 13-10) at Colorado (McHugh 0-2), 8:40 p.m. L.A. Dodgers (Ryu 13-6) at Arizona (Cahill

# CFL WEEK 12

#### **EAST DIVISION** GP W 11 7 11 5 11 4 11 2 321 288 14 288 303 10 259 321 8 Hamilton Montreal

# WEST DIVISION

	GP	w	L	Т	PF	PA	Pts
Calgary	11	9	2	0	346	268	18
Saskatchewan	11	8	3	0	354	258	16
B.C.	11	7	4	0	301	280	14
Edmonton	11	2	9	0	259	301	4
Cundavie roci	-14						

## Sunday's result B.C. 36 Montreal 14 Saturday's results

Edmonton 25 Winnipeg 7 Toronto 31 Saskatchewan 29

# NFL

#### WEEK 2 Sunday's results

Buffalo 24 Carolina 23 Kansas City 17 Dallas 16 San Diego 33 Philadelphia 30 Miami 24 Indiananolis 20 Atlanta 31 St. Louis 24 Green Bay 38 Washington 20 Baltimore 14 Cleveland 6 Houston 30 Tennessee 24 Chicago 31 Minnesota 30 Arizona 25 Detroit 21 New Orleans 16 Tampa Bay 14 Denver 41 N.Y. Giants 23 Oakland 19 Jacksonville 9 San Francisco at Seattle Monday's game — All Times Eastern Pittsburgh at Cincinnati, 8:40 p.m.

# MLS

Saturday's results Columbus 2 Montreal 1 D.C. United 2 Los Angeles 2 New York 2 Toronto FC 0 Houston 1 Philadelphia 0 Chicago 3 New England 2 Colorado 2 FC Dallas 1 Chivas USA 1 Portland 1 San Jose 0 Vancouver 0 Friday's game — All Times Eastern Colorado at Portland, 10 p.m.

40

# See today's answers at metronews.ca/answers. BY KELLY ANN BUCHANAN

# ↑ Aries

March 21 - April 20

When the Sun moves into the relationship area of your chart next weekend, you will have to compromise more. If there is anything selfish you want to do, you should do it now.

# **Taurus**

April 21 - May 21

If you have been having second thoughts about a project, you should keep them to yourself. Something will happen this week to make you realize things aren't as bad as you fear.

# **I** Gemini May 22 - June 21

At last there is light at the end of the tunnel and you will emerge into that light no later than the 22nd when the Sun moves into your fellow Air sign of Libra. In the meantime, don't take life so seriously.

# **9** Cancer June 22 - July 23

Have fun with friends this week because later you won't have time for socializing as you will be dealing with serious issues at home and at work. Laugh hard now and work hard later.

# $\Omega$ Leo

July 24 - Aug. 23

Keep a firm grip on the purse strings over the next few days because if you start spending more than you can afford, you will regret it towards the end of the month. Save for something that is really worth having.

# **W** Virgo Aug. 24 - Sept. 23

The world won't come to a halt today but you will notice that certain parts of it start to slow down. It could, of course, be an optical illusion: Maybe it's just you speeding up and moving faster than everyone else.

# **△** Libra

Sept. 24 - Oct. 23

When the Sun enters your birth sign on the 22nd, there will be no holding you back. But between now and then, you will have to conform to what others expect of you.

# M Scorpio

Oct. 24 - Nov. 22

Take life as it comes and don't worry too much about its wider meaning. There will be no end of opportunities to ask the big questions towards the end of the month. For now, live in and enjoy the moment.

# Sagittarius Nov. 23 - Dec. 21

Some thoughts in your head don't seem to belong to you. So where do they come from? Most likely you have allowed yourself to be influenced too much by your environment. Think for yourself.

# り Capricorn Dec. 22 - Jan. 20

You may be annoyed that your talents have been overlooked but the good news is you will soon break through to the big time. Be patient and be ready to act quickly.

### Aquarius Jan. 21 - Feb. 19

You can hardly put a foot wrong at the moment and your luck should get even better towards the end of the week. But don't take anything for granted or the planets may decide to knock you back a bit.

# H Pisces

Feb. 20 - March 20

If you want to improve your life, you can't change things overnight. Set just one target to reach every day, and don't move to the next until you have mastered it. SALLY BROMPTON

### Crossword: Canada Across and Down

16

37

42

63

partner

#### Across

1. Compress, as a computer file 4. Fancy-hatted English racecourse 9. Kind of spirit 13. Filmmaker Ms.

Lupino 14. Cursed

symbol 16. Modern

17. "Dancing with the Stars" host: 2 wds.

15. Old Scandinavian

20. Alberta town 22. Fall, for one

23. \_\_ it goes (There you have it): 2 wds. 25. Sixes, Roman-style 26. Situation of

unstableness or of urgency

29. Eagles hit: "\_\_'

34. Is a tenant 35. Praiseful poems 36. Fein

37. Do like Al Pacino 38. Canadian tenor Ben

41. Certain consciousness

42. Some are faux

44. God: Spanish 45. Legendary acting

teacher, Stella (b.1901 - d.1992) 47. Hockey great

from Saskatchewan, Bryan 49. \_\_ Path (Toronto neighbourhood dubbed 'Millionaires

Row')

51. Worker laying down the ceramics 53. Some brands of electronics 56. Most dungeonlike

> 60. RCMP in French is GRC which is... royale du Canada

50. Paul's music duo

62. Alias indicator 63. Ballerina's skirt 64. Tiger Woods' ex-

39

50

wife, and namesakes 65. Bolt 66. "\_\_ Slidin' Away"

by Paul Simon 67. Lets up

**Down** 

64

68. Wilt

1. Multivitamin

mineral 2. Notion

3. Chess piece 4. Dazzle

52

5. Pirate fight weapons

6. Arrives 7. Earth, for one

8. Jeans tops 9. Locks

10. Certain currency

11. Unknown advice seeker's sign off, for short 12. Sign on a restau-

65

rant restroom 18. Change 19. Laundry detergent

brand 21. Ship spar of Montreal

(Historic area on the

St. Lawrence River) 26. Basketry, for example

27. Happen again 28. Book's brief beginning

30. Hankerings 31. Move over

32. Georgia who played Georgette on "The Mary Tyler Moore Show

33. Sleep silently opposite

35. "The Andy Griffith Show" role 39. Newspaper VIP

40. Infrequency

43. Pursuit for Caroline Rhea

46. Mr. Bogarde of film bit harder

(Put more effort in) 49. "Glee" character played by Darren Criss

52. Actor Mr. Elba 53. Alone: French

54. Against 55. Captain Hook's

sidekick 57. Corn units

58. Gull-like bird

59. Powdered fruitflavoured drink

60. Lettered sports cars 61. Old music high

note

## Friday's Crossword

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# Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

6	1	4	7	9	3	2	0	
3	7	8	2	1	5	9	4	ŧ
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		1	5				9	
6				7			8	
1		2						4
	4	9			6	5		

TODAY

MAX: 27°

MIN: 14°

<u>'</u>

THESDAY

MAX: 21°





WEEKDAYS 5:30 AM

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